Chlore Hurst, RD.

MEET THE DIETITIAN





ABOUT ME

I am a Licensed and Registered Dietitian and Nutritionist from Terre Haute, IN.

CONTACT ME

70 W Honey Creek Pkwy Terre Haute, IN 47802 812.235.4867

EXPERTISE

- Gut Health
- Cognitive Decline
- Plant-Strong Eating
- Functional and Integrative Health
- Athlete Nutrition

HOBBIES

I enjoy traveling, training for my next triathlon, climbing, spending time with family and friends, and trying quirky new recipes!

BACKGROUND

I attended Indiana State
University and graduated with a
degree in coordinated dietetics.
During college, I began working
with a local triathlon club and
began coaching cross-country
at a local middle school. I have
been certified as a Yoga
Instructor, USAT Triathlon
Coach, and Bredeson
Practitioner.